# Presented by Western Colorado Writers' Forum

# Community Connection Conversation



See Me, Hear Me, Talk to Me

### **Aging & Ageism**

April 11<sup>th</sup> (Tuesday) 5:30 p.m. - 7:30 p.m. The Art Center 1803 N. 7th Street Grand Junction

NEXT MONTH CONVERSATION

# Belonging

May 9<sup>th</sup> (Tuesday) 5:30 p.m. - 7:30 p.m. The Art Center

## Open to all

Events are free

For more info contact Linda <linda.jhslaw@gmail.com>

RSVP Today



www.westerncoloradowriters.org

Do you feel like you are a valued member of society?

Has this opinion changed as you have aged?

How should people of a certain age be treated?

"Aging & Ageism" Community Connection Conversation is an opportunity to explore our relationship to our aging and the relationship of our communities to differently aged populations.

The goal this event is to actively listen to others so that we can create community more inclusive in understanding, acceptance, and attitudes. Conversation will be conducted with trained facilitators in small groups so everyone has a chance to be heard. Community Connection Conversations offers a simple, sociable and structured way to practice talking to each other.

Afterwards, our right brain will be engaged in a free writing activity in response to our experience.

On April 13<sup>th</sup> we will have a free art activity from 5:30-7:00pm facilitated by Joni Becker, ArtLight Therapy Studios (310 N. 7<sup>th</sup> Street/2<sup>nd</sup> floor).

No preparation is required. Refreshments will be available.



